



New England Restaurants Serving Seafood from Dedicated Gluten-Free Fryers

*None of these restaurants are dedicated gluten free, but they do go to great lengths to avoid cross-contamination. Gluten-Free New England can never guarantee the safety of any establishment. Always use your own judgement when eating out!

Connecticut

110 Grill

110 Albany Turnpike
Canton, CT 06019

Burton's Grill

100 Evergreen Way
South Windsor, CT
(860) 432-4575

Plan B

7 locations in CT
(Check website for details)

The Charles **JUST ADDED!**

161 Main St.
Wethersfield, CT 06109

Shanks Waterfront Dining

131c Grove St.
Clinton, CT 06413
(860) 669-4224

SHARED FRYERS

Massachusetts

110 Grill

19 locations in Massachusetts
(Check their website for details)

Alice's Diner

2663 S. Main St.

Fall River, MA 02724
(508) 675-9210

The Angler

1 Village Square
Westminster, MA 01473

(978) 874-2202

*Mondays and Tuesdays only

Barley Neck Inn

Under new ownership summer 2020; no longer accommodating to GF diners

5 Beach Rd.
Orleans, MA
508-255-0212

Box Seats

500 E. Washington St.
N. Attleboro, MA 02760
(508) 695-0660

Burton's Grill

7 locations in MA
(Check their website for details)

The Cabin

114 E. Grove St.
Middleborough, MA 02346
(508) 947-8590

Chatham Fish & Lobster Company

1291 Main St,
Chatham, MA 02633
(508) 945-1178

Cleat & Anchor

243 Lower County Rd.
Dennis Port, MA
(508) 258-0175

Diane's Villa Nova

5 Brimfield Rd.
Holland, MA 01521
(413) 245-9090

The Grog JUST ADDED 7/20!

13 Middle St.
Newburyport, MA 01950
(978) 465-8008
Calamari only

Jake's Seafood Restaurant

50 George Washington Blvd.

Hull, MA

(781) 925-1024

J.T. Farnham's

88 Eastern Ave.
Essex, MA 01929
(978) 768-6643

Kreme-n-Cone

961 Main St.
West Dennis, MA
508-394-0808

Legal Seafoods - 26 locations in

Greater Boston (check their website for details)

Mac's Chatham Fish & Lobster Co.

1291 Main St.
Chatham, MA
(508) 945-1178

Michael's Harborside JUST ADDED 6/20!

1 Tournament Wharf
Newburyport, MA
(978) 462-7785

Northbridge House of Pizza

2225 Providence Rd
Northbridge, MA 01534
(508) 234-3936

Plan B

1000 W. Columbus Ave.
Springfield, MA
(413) 285-8296

The Precinct

154 Berkeley St.
Boston, MA
(617) 532-3827

Seaside Pub on Main Permanently Closed

615 Main St.
Hyannis, MA
(508) 815-4517

[Shea's Riverside Restaurant](#) JUST ADDED 9/20!

122 Main St.
Essex, MA 01929
(978) 768-6931

Plymouth, MA
(508) 927-4961

Stars on Hingham Harbor

2 Otis St.
Hingham, MA 02043
(781) 749-3200

Wicked Restaurant & Wine Bar

680 Falmouth Rd.
Mashpee, MA
(508) 477-7422

Tavern on the Wharf

6 Town Wharf

Woodman's of Essex

121 Main St.
Essex, MA 01929
(978) 768-6057

Rhode Island

Blackie's

280 George Washington Hwy.
Smithfield, RI
(401) 231-4777

Legal Seafoods

175 Hillside Rd
Cranston, RI
(401) 732-3663

Fluke

41 Bowens Wharf
Newport, RI 02840
(401) 849-7778

TwoTen Oyster Bar and Grille

No longer has dedicated GF fryers as of July 2020
210 Salt pond Rd.
S. Kingston, RI 02789
(401) 782-0100

Maine

Beachfire

658 Main St.
Ogunquit, MA
(207) 646-8998

SHARED FRYERS

***This listing is included as an FYI**

Beal's Lobster Pier

182 Clark Point Rd.
Southwest Harbor, ME
(207) 244-3202

Chick-a-Dee of Lewiston

1472 Lisbon St.
Lewiston, ME
(207) 376-3870

Bob's Clam Hut

315 US-1
Kittery, ME 03904
(207) 439-4233

Geddy's

19 Main St.
Bar Harbor, ME
(207) 288-5077

The Lobster Cooker Grill & Sports Pub

39 Main St.
Freeport, ME
(207) 869-5086

Mack's Place

224 Portland Rd.
Bridgton, ME 04009
(207) 647-4611

Robert's Maine Grille

326 US-1
Kittery, ME
(207) 439-0300

*Do these guys have a dedicated GF fryer? Let us know!

Sea Basket

303 Bath Rd.
Wicasset, ME
(207) 882-6581

Spinnaker's Seafood

139 Post Rd.
Wells, ME
(207) 216-9291

The Shack

27 W. Grand Ave.
Old Orchard Beach, ME
(207) 937-8271

The Trap

117 Perkins Cove Road
Ogunquit, Maine
(207) 251-1650

New Hampshire

110 Grill - 5 locations in NH
(check website for details)

The Atlantic Grill

5 Pioneer Rd.
Rye, NH
(603) 433-3000

Bolton's Lake House

22 Main St.
Kingston, NH 03848
(603) 347-1950

Burton's Grill

7 locations in MA
1 location in CT
1 location in NH

Daw Kun Thai

2626 Brown Ave,
Manchester, NH
(603) 232-0699

Lobster Tail **Closed and reopened as a new restaurant with a new name and no GF fried seafood 10/20**

4 Corbetts Pond Rd.
Windham, NH 03807
(603) 890-5555

River House Restaurant

53 Bow St.
Portsmouth, NH 03801
(603) 431-2600

Tavern 27

2075 Parade Rd.
Laconia, NH
(603) 528-3057

